Baby Feeding Cues (signs)



EARLY CUES - "I'm hungry"



Stirring



Mouth opening



- Turning head
- Seeking/rooting

MID CUES - "I'm really hungry"



Stretching



Increasing physical movement



Hand to mouth

LATE CUES - "Calm me, then feed me"



Crying



Agitated body movements



Colour turning red

Time to calm crying baby

- Cuddling
- Skin to Skin on chest
- Talking
- Stroking



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